



Do Less. Be More.

LEADERSHIP RETREAT

4-7 OCTOBER 2017

In this fast paced, busy world it's easy to get caught up in doing too much. This has a negative impact on your leadership, happiness, wellbeing and relationships.

Are you looking to get off the "doing" treadmill and start experiencing more in life? This is an ideal retreat to do with your partner to create a life that is more connected and makes space for what really matters to both of you.

From this retreat you will walk away with:

- Clarity on where you are heading and a roadmap to get you there without the struggle
- Practical tools for taming your busy mind
- Insight into the blockages that are keeping you in the "busy cycle"
- Tools for letting go of these blockages

"I walked away from this retreat feeling light, refreshed and most of all purposeful. Susan showed me how to step into my purpose — not a big fancy phrase to put on the office wall. Just 2 words that inspire me every day. I love the simplicity and ease that has flowed into my life since the retreat."

— Michelle



LOCATION

This retreat will be held at a secluded private residence set on 7½ acres just outside of Noosa surrounded by State Parks and a waterfront to Gallagher's Lagoon. The modern resort style home is set amidst an exclusive sanctuary of flora and fauna and all within 10 minutes of the Noosa Marina and all the excitement Noosa has to offer.

During the days on retreat you'll experience dining at the teppanyaki bar on the terrace; sipping cocktails in tropical surrounds beneath the Bali hut beside the saltwater pool and heated spa or savouring a vintage red at the granite bar by a roaring log fire. Of course, there is always the option of walking the peaceful park like grounds and spending some quiet time to reflect on the banks of Gallagher's Lagoon which is large enough for canoeing and stand-up paddle boarding.

Your hosts Rob and Gina will do everything possible to ensure you feel at home. Providing beautiful meals using locally sourced produce, afternoon cocktails by the lagoon, a bonfire at night (weather permitting) and of course will always be available to drive you to and from Noosa and other surrounding locations if required.

The perfect place to relax, unwind, reflect and participate in Susan's wonderful retreat.

ABOUT THE FACILITATOR

Susan Pearse is a best selling author of 3 books. Her third book "Do Less. Be More....ban busy and make space for what really matters" is currently taking the world by storm with its practical exercises to help you to slow down, say no and embrace stillness.



Susan is a leadership and business expert. Her award winning Conscious Leadership program was the first Mindful Leadership program in Australia and she continues to coach leaders and executives all over the country.

COST

\$2200 per person / \$3900 per couple
Price is inclusive of all meals, activities, teachings and materials



To register interest and book, contact 0409 377 001 or email susan@reinvention.com.au